

FOR IMMEDIATE RELEASE

Heroes in Recovery Awards to be Presented at Foundations Recovery Network's Freedom and Recovery Conference on April 3, 2013

Inaugural awards celebrate everyday heroes who aid the cause of treatment for addiction and mental health issues

March 26, 2013 (Nashville, TN) – Heroes in Recovery (HIR) is proud to announce that it will present its first Heroes in Recovery Awards at Foundations Recovery Network's Freedom and Recovery conference on April 3, 2013, at the famed Hotel del Coronado in San Diego, Calif. The one-of-a-kind award handcrafted of blown glass will be given to recognize individuals who represent the ideals of the Heroes in Recovery movement. The awards will be presented immediately following the opening keynote presentation by Captain Scott O'Grady.

No one gets through the recovery process alone. There are heroes all along the way, and HIR wants to recognize these extraordinary individuals with this new award. Nominees for the Heroes in Recovery award include those in recovery, individuals who work in the treatment field or everyday people who have helped to remove barriers for others to get treatment. Nominations have been received since September 2012 via an online submission form.

Heroes in Recovery is a grassroots movement intended to remove the social stigma associated with people who are in recovery, to recognize the heroic effort it takes to overcome obstacles in seeking help, and to celebrate the act of preventing the past from kidnapping the future.

According to the National Survey on Drug Use and Health, around 22 million people need substance abuse treatment each year and do not receive it, and according to the Substance Abuse and Mental Health Services Administration, 10 million Americans do not receive needed mental health care. The Heroes in Recovery movement, started by [Foundations Recovery Network](#) (FRN), is actively working to break the stigma of addiction and mental illness by educating the community at large and celebrating those on the journey of recovery. Their popular Heroes 6K races have drawn hundreds across the country. They also encourage everyday heroes to share their stories at [HeroesInRecovery.com](#), knowing that each person who does so will encourage others on the road to recovery who may be feeling isolated or alone.

About Foundations Recovery Network: Headquartered in Nashville, TN, Foundations Recovery Network is one of the premier organizations for treating those with co-occurring addiction and mental health disorders. FRN's treatment facilities include Michael's House in Palm Springs, CA; The Canyon in Malibu, CA; La Paloma in Memphis, TN; and full-service outpatient treatment centers in Atlanta, GA; Santa Monica, CA; Memphis, TN; and Palm Springs, CA.

All FRN facilities utilize an integrated treatment approach, focusing on a Dual Diagnosis model for lasting recovery. www.foundationsrecoverynetwork.com

For more information, visit www.HeroesinRecovery.com

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